

# Ana Makharashvili, M.D.

ADHD Georgia, CEO

Yale University, Research Associate

SCBH, Mental Health Counselor



## Personal Information:

Date of Birth: 27/03/1991

Nationality: Georgian

Citizenship: Georgia-USA

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## Education:

Walden University. 2022-2024.

Masters in Clinical Mental Health Counseling

David Tvildiani Medical University. 2009-2015.

Doctor of Medicine

## Languages:

Georgian, English, Russian

## Work Experience:

### Research

- Yale School of Medicine, New Haven, CT, USA, May, 2019 – Present

“Effects of Different Parenting Styles of Childhood ADHD in the Country of Georgia” (2023-Present) – Principal Investigator

Responsibilities include designing and executing the research protocol, leading the research team, data analysis and lead authorship of publications.

Genetics of Psychiatry, Polimanti Lab (2022-2024) – Research Associate, Head of Recruitment

Responsibilities include patient recruitment, research management, training of new lab members, data collection, lab management and administration, and financial management.

Department of Psychiatry, Yale Stress Center (2021-2022) – Clinical Research Coordinator

Responsibilities include coordinating multiple studies at the center, patient recruitment, research management, training of new lab members, data collection, lab management and administration, and financial management.

Emergency Medicine, Abujarad’s Digital Health Lab (2020-2021) – Research Associate, Head of Recruitment

Responsibilities include patient recruitment, research assistance, training new recruiters, data collection and management.

Pediatric Emergency Medicine (2019-2020) –Lead Project Manager

Responsibilities include project management across multiple sites in the United States and Europe, data collection and analysis, training and supervising research volunteers, facilitating simulation sessions, planning and executing future projects and collaborations.

“Evaluation of Pediatric Emergency Medicine in the Country of Georgia” (2017-2019) - Principal Investigator

Responsibilities include designing and executing the research protocol, leading the research team, data analysis and lead authorship of the publications.

## Clinical

- Southern Connecticut Behavioral Health, June, 2021 – present.  
Clinical Mental Health Counselor.
- PSP New Hospitals, February, 2019 – May, 2019.  
Pediatric Emergency Junior Doctor.
- Yale New Haven Hospital. November, 2017 – December, 2017.  
Pediatric Neurology Intern
- Pediatric Partners of Gwinnett, Atlanta, GA, USA. October, 2017 – November, 2017.  
Pediatric Intern
- N. Kipshidze Central Clinical Hospital, Tbilisi, Georgia. May, 2010 – April, 2011.  
Emergency Department Intern

## Teaching

- Petre Shotadze Tbilisi Medical Academy, April, 2017 – Present.  
Invited lecturer of human physiology  
Invited lecturer of clinical psychology
- Yale School of Medicine, Department of Biology, September, 2019 – November, 2019.  
Teaching scholar
- New Vision University, Tbilisi, Georgia. September, 2018 – May, 2019.  
Invited lecturer of pediatrics  
Founder and instructor of pediatric simulation course “SimPeds Crash Course”  
ERC trainer in PBLs and BLS
- David Tvildiani Medical University, Tbilisi, Georgia. October, 2015 – May, 2019.  
Invited lecturer of microbiology and biochemistry

## Charity and Civil Work:

- ADHD Georgia, Tbilisi, Georgia, March, 2024 – Present  
Co-founder/CEO

Organization’s mission is to support individuals, living in Georgia, suffering from Attention Deficit Hyperactivity Disorder. My responsibilities include overseeing the processes, establishing yearly programs and budget, seeking grants and funding opportunities, hiring new members, representing the organization, and forming collaborations on local and international levels.

- Youth Charity Association “Oda”, Tbilisi, Georgia. February, 2010 – 2014.  
Founder/CEO

Having founded the association as a student in medical school, my wide array of responsibilities included member recruitment, planning and executing various charity events, and collaborating with sponsors. Some of our projects included holiday visits to pediatric oncology departments and educational seminars for underprivileged children.

- European Youth Parliament Georgia, Tbilisi, Georgia, 2011-2013  
Delegate/Chairperson

EYP is an organization that aims to improve adolescents’ skills in leadership, communication, team-working and analytical thinking via simulating mock parliamentary sessions, discussing relevant political and social matters. I started participating as a delegate and then became the chairperson (delegation lead). My responsibilities included participating in group discussions, writing resolutions, facilitating committee meetings, guiding delegates through sessions, and representing the team at local and international events.

## Trainings and Conferences:

- The Medicine: Innovations and Challenges 2023 (MEDIC 2023). Petre Shotadze Tbilisi Medical Academy.  
Invited Speaker: Effects of Different Parenting Styles on Childhood ADHD in Georgia  
Tbilisi, Georgia, November, 2023
- The 18<sup>th</sup> European Congress of Psychology  
Oral Presentation: Effects of Different Parenting Styles on Childhood ADHD in Georgia  
Brighton, United Kingdom, July, 2023
- 30<sup>th</sup> Annual Meeting of the European Society of Pediatric and Neonatal Intensive Care  
Oral Presentation: Evaluation of Pediatric Emergency Medicine in the Country of Georgia;  
Oral Presentation: Implementing Pediatric Simulations to Improve Medical Education in the Country of Georgia  
Salzburg, Austria, July, 2019
- 7<sup>th</sup> Congress of the European Academy of Paediatric Societies, EAP, ESPNIC, ESPR  
Poster Presentation - National Pediatric Readiness Assessment in the Country of Georgia  
Paris, France, October, 2018
- The 2nd International Scientific Conference, David Tvildiani Medical University  
Presenter: The Importance of Sexual Education for Georgian Youth  
Tbilisi, Georgia – June, 2014
- Scientific Session Dedicated to Nobel Prize Day, David Tvildiani Medical University. MediClub Georgia  
Presenter. Tbilisi, Georgia – December, 2012
- Harvard University's Summer School on Leadership  
Delegate. 3rd Place Winner.  
Bazaleti, Georgia – July, 2010

## Publications:

Abulebda, K., Whitfill, T., Montgomery, E., Makharashvili, A., Mathias, K., Auerbach, M., (and others) (2021)  
Preparedness for Pediatric Office Emergencies: A Multicenter, Simulation-Based Study  
*Pediatrics*

Yuknis M, Makharashvili A, Auerbach M, Abulebda K (2020). Using Simulation to Improve Pediatric Primary Care Emergency Readiness.  
*IPSSV A Virtual Experience*

Abulebda, K., Whitfill, T., Montgomery, E., Makharashvili, A., Mathias, K., Auerbach, M., (and others) (2020).  
Improving Pediatric Readiness in General Emergency Departments: A Prospective Interventional Study  
*The Journal of Pediatrics*

Beria, G., Makharashvili, A., Tabidze, L. (2019)  
Challenges of implementing and utilizing effective BLS and PBLs according to European resuscitation council guidelines in the country of Georgia  
*Resuscitation Journal, European Resuscitation Council*